

## The Sabbath Rest

### **Exodus 20:8-11**

**8 Remember the Sabbath day, to keep it holy;**

**9 six days you shall labor and do all your work;**

**10 and the seventh day *is* a Sabbath to YAHWEH your Elohim; you shall not do any work, you, and your son, and your daughter, your male slave and your slave-girl, and your livestock, and your stranger who *is* in your gates.**

**11 For *in* six days YAHWEH made the heavens and the earth, the sea, and all which *is* in them, and He rested on the seventh day; because of this YAHWEH blessed the Sabbath day and sanctified it.**

### **Deuteronomy 5:12-15**

**12 Observe the Sabbath day, to keep it holy, as YAHWEH your Elohim has commanded you.**

**13 Six days you shall labor, and shall do all your work,**

**14 and the seventh day shall be a Sabbath to YAHWEH your Elohim. You shall not do any work, you nor your son, nor your daughter, nor your male slave, nor your female slave, nor your ox, nor your donkey, nor any of your livestock, nor your stranger that is within your gates; so that your male slave and your female slave may rest like yourself.**

**15 And remember that you were a slave in the land of Egypt, and YAHWEH your Elohim brought you out from there by a mighty hand and by a stretched-out arm. Because of this YAHWEH your Elohim has commanded you to keep the Sabbath day.**

This passage for a long time was one I could not find another person that saw the passage the same as I saw it, or should I say that was revealed to me. Then I was at a wedding; an outside wedding, we were there along with many others who arrived early, so we had a lot of mingle time. This lady came up to me asking if I was “that” preacher? Since I was the only preacher there that I knew of, but I wasn’t doing the wedding; I said “yes”. To that she says, “you have to talk to my husband, he is also a minister; he has a Doctors degree in theology.” She walks me to the reception area with tables and chairs and asks me to sit down and she will go find her husband. I was expecting her to come back with someone and introduce us. After a while an elderly man sits at the table across from me. We both sat there for a bit of time not saying anything, finally he asks me “are you a minister?” to which I said “yes.” He asks me, “what do you want to talk about?” I was a little puzzled, because I didn’t ask to talk to anyone, I was told by the lady, “you have to talk to my husband who is also a minister.” But, not knowing anything else to say, I said, “the Sabbath!” He begins telling me how other denomination hold the Sabbath, then says, “but I understand you have a different view of it?” I said “yes, but I have not found anyone else who sees it the way I do.” He said, “tell me about it.” I explained my view, he asked a question of a passage to see if I considered it, I said “yes,” and explained how it works in. Than he shocked me by saying, “You are spot on!” I asked him, “Are you telling me I now know of two people who see it this way?” to which he said, “I agree completely.” Next, he wanted to know if I had a publisher. Since then someone else told me, “Now you know of three people.” So, here we go I’ll show how it was revealed to me.

One of the things we find helpful when we are traveling somewhere are signs. If we are traveling to a certain destination along the way we will see signs to let us know we are headed in the right direction. However, when we arrive at our destination there are no longer signs posted, because we have already reached our destination.

In the Bible we find places where Elohim (God) has given us signs, to give you an example, there are signs we find in the Old Testament. For example, when we look at circumcision, Abraham was told that the covenant of circumcision was given as a sign,

Genesis 17:9-11

9 And Elohim said to Abraham, "You shall keep My covenant, you and your seed after you in their generations.

10 This *is* My covenant which you shall keep, between Me and you and your seed after you: Every male child among you shall be circumcised.

11 And you shall circumcise the flesh of your foreskin. And it shall be a sign of the covenant between Me and you.

In (verse 11) it tells us that circumcision was given as a sign of the covenant Elohim (God) is making with His people, which turns out to be the promise of salvation.

In many ways in the Old Testament Elohim (God) has told His people of the future salvation through the sacrificed Son of Elohim (God), these are given as signs.

We find that the Sabbath is also given to His people as a sign,

Exodus 31:12-13

12 And YAHWEH spoke to Moses, saying,

13 "And you speak to the sons of Israel, charging them, 'Only My Sabbaths you shall keep; for it *is* a sign between Me and you for your generation; to know that I *am* YAHWEH your sanctifier.

Also, we are told a couple places in the book of Ezekiel, just to show one of them.

Ezekiel 20:10-12

10 I caused them to go out from the land of Egypt and brought them into the wilderness.

11 And I gave them My statutes, and I made them know My judgments, 'which if a man does them, he will even live by them.'

12 And I also gave them My Sabbaths to be a sign between Me and them, that they might know that I am YAHWEH who sets them apart.

The Sabbath is given as a sign between Elohim (God) and man, so we may know Elohim (God) and know that He sanctifies us: To sanctify is to be made Holy. Although, there are many who use the Bible to discover how to live in this world. The Bible is given to us by Elohim (God) to direct His people to salvation; so His people can be made Holy; Sanctified.

The first mention of the Sabbath is just after creation.

Genesis 2:1-3

1 And the heavens and the earth were finished, and all their host.

2 And on the seventh day Elohim completed His work which He had made. And He rested on the seventh day from all His work which He had made.

3 And Elohim blessed the seventh day and sanctified it, because He rested from all His work on it, which Elohim had created to make.

On the seventh day Elohim (God) entered His rest. The number seven is a number for complete. Elohim (God) has completed His work of creation, which includes setting up the way for His people to be made Holy. There is nothing more He must do, the way of salvation is already in play, so Elohim (God) entered His rest; the rest He entered is a Holy eternal rest. In many places throughout the Bible Elohim (God) speaks of His rest, we read in the Psalms.

Psalms 95:1

1 O come, let us sing to YAHWEH; let us shout to the Rock of our salvation.

*(salvation: Yahshua)*

In this verse the word “salvation” is actually the name “Yahshua” however, for the sake of those accustomed to reading the word salvation in the English Bibles, I went ahead and put in the word salvation, but at the end of the verse I show in italics that salvation is Yahshua which is the Messiah. I didn’t want to leave it as a mistranslation, so when you see this, as in this case Yahshua, you can if you want, in your head replace salvation with Yahshua (Jesus).

But you see how (Psalms 95) is speaking of Elohim’s (God’s) salvation of mankind. Now let’s continue.

Psalms 95:2-6

2 Let us come before His face with praise; let us shout for joy to Him with songs.

3 For YAHWEH is a great El, and a great King above all gods. *(El: short form of Elohim)*

4 The deep places of the earth are in His hand; the summits of the mountains also are His.

5 The sea is His, and He made it, and His hands formed the dry land.

6 O come, let us worship and bow down; let us kneel before YAHWEH our Maker.

It is continuing to show that Elohim (God) is the creator deserving of our praise. We will continue in this psalm and see how we need to hold Him also as our savior.

Psalms 95:7-11

7 For He is our Elohim; and we are the people of His pasture, and the sheep of His hand. Today, if you will hear His voice,

8 “Do not harden your heart as in the day of strife, as in the day of testing in the wilderness.

9 When your fathers tried Me, they tested Me and they saw My work.

10 For forty years I was disgusted with that generation; and I said, ‘They are a people who err in heart; and they do not know My ways,’

11 to whom I swore in My anger, ‘They shall not enter into My rest.’”

We see in (verses 7-8) saying, “today”; “today, if you will hear His voice. Do not harden your heart as in the day of strife.” In other words, do not harden your hearts and miss His salvation. The sign the Sabbath is pointing to is salvation through the Son of Elohim (God). The time Elohim (God) entered His eternal rest, also the Messiah, after He finished His work of crucifixion also entered the same eternal rest as Elohim (God) did and making the way possible for all the people who are saved to enter the same eternal rest. Which is the time to enter the true Sabbath rest that all the Sabbaths during the Old Testament era pointed to as a sign, because at the crucifixion, Yahshua (Jesus) fulfilled it. He fulfilled the time to enter Elohim’s (God’s) Sabbath rest. This is what the sign pointed to. As I said before, after you arrived at the location you don’t see anymore signs of the place in the future. So, also there is no place in the New Testament where it is repeated to

remember the Sabbath day. There are plenty of cases where Yahshua (Jesus) healed on the Sabbath, and the apostles went into the temple or synagogue on the Sabbath because that is the time they would find the religious leaders there so they could reason with them. But not for the observance of the Sabbath Day Law. When they worshipped among themselves they often met on the first day of the week; Sunday. We can worship any day of the week we want.

Romans 14:5-6

5 One indeed judges one day above another day *as Holy*; and another one judges every day alike. Let each one be fully assured in his own mind.

6 The one esteeming the day above another, he esteems it to his Master. And the one esteeming every day alike, esteems it to his Master. The one eating *meat*, he eats to his Master; for he gives thanks to Elohim. And the one not eating *meat*, he does not eat to his Master, and gives thanks to Elohim.

Whether you hold a day as Holy above another or you hold every day alike (*every day is Holy*); do it or don't do it to honor and praise the YAHWEW (the LORD).

But if your heart is hardened and you miss entering the Sabbath Rest of Elohim (God) by missing salvation. You shall surely die, because you missed entering His eternal rest what the sign pointed to. Salvation.

Continuing now to the New Testament, the writer of Hebrews picks up on what we previously looked at in (Psalms 95) about "Today".

Hebrews 3:7-11

7 Because of this, even as the Holy Spirit says, "Today, if you hear His voice,

8 do not harden your hearts to provoke Him, as the murmurers did in the day of temptation in the wilderness,

9 there where your fathers tempted Me, even though they saw My works for forty years.

10 Because of this, I was angry with that generation and said, 'They always go astray in their heart; and they did not know My ways.'

11 so I swore in My wrath, 'They shall not enter into My rest.'"

The rest they will not enter is the Eternal Sabbath Rest of Elohim (God) that He entered when He finished the creation of the heavens and earth. The same Eternal Sabbath Rest Yahshua (Jesus) entered after He finished His work at the crucifixion.

John 19:30

30 Then when Yahshua took the vinegar, He said, "Behold, it is finished." And bowing His head, He delivered up the spirit.

After (Chapter 3) of Hebrews it continues the subject of Elohim's (God's) Sabbath rest and the entering of His people into that same rest in the next chapter of Hebrews.

Hebrews 4:1-11

1 Therefore, let us fear, while the promise of entering his *Holy* rest remains, lest some among you find that they are falling short from entering.

2 For, indeed, we have had the good news preached to us, even as they also; but the Word did not profit those hearing it, not having been mixed with faith in the ones who heard.

3 For we who have believed, will enter the *Holy* rest, even as He said, "As I swore in My wrath, 'They shall not enter My rest,'" for behold, the works of Elohim were from the very foundation of the world.

4 For He has spoken concerning the Sabbath, "And Elohim rested from all His works on the seventh day."

5 And here again he said, "They shall not enter My *Holy* rest."

6 Therefore, sense there was a chance for some to enter it, but they to whom the good news was first preached did not enter because of disobedience,

7 He again marks out a certain day, saying in David, "Today" after so long a time, according as He has said, "Today, if you hear His voice, do not harden your hearts."

8 For if Yeshua had given them rest, then He would not have afterward spoken about another day.

9 There remains a *Holy* Sabbath rest to the people of Elohim.

10 For he who has entered His rest, (*Yahshua*), has also ceased from his own works, as Elohim did from His.

11 Therefore, let us strive to enter that rest, that not anyone fall in the same example of disobedience.

You see in (verses 4-6) it ties the Sabbath Elohim (God) entered after creating the world with His Sabbath Day Law Rest, if anyone misses entering this Sabbath rest, they will be cut off. The entrance to this Sabbath rest is made possible by the crucifixion of the Messiah. That is what the "sign" of the Sabbath pointed to, salvation through the Messiah.

By the way, to end with, I know in the King James Version any way, they didn't quite translate Matthew 28:1 correctly, for they translated it as.

Matthew 28:1 KJV

1 ¶ In the end of the sabbath, as it began to dawn toward the first *day* of the week, came Mary Magdalene and the other Mary to see the sepulcher.

In the King James Version (KJV) Sabbath is only mentioned once in the KJV where it is mentioned twice, the second mention of Sabbath they changed to "the first *day* of the week" even forgetting that the New Testament was first written in Aramaic, the Greek also, got it correct. Below is the Aramaic of (Matthew 28:1).

Matthew 28:1

1 Now after the Sabbaths, at the dawning into the only one Sabbaths, Mariam of Magdalene and the other Mariam came to look upon the grave.

In the KJV the word they have for "first" in the Aramaic or Greek is not the word "first" to look at it in the Greek word *mee'ah*" as seen below.

μία *mia mee'-ah*

1) only one, someone

It carries two means' "only one" or "someone" it is not "first" at all. If you wanted to use the word "first" it would either be the word in Greek "pro'-ton" or "pay'-tros" as seen below they both carry the same meaning.

πρῶτον proton, pro'-ton

1) first in time or place

1a) in any succession of things or persons

πρῶτος protos pro'-tos

1) first in time or place

1a) in any succession of things or persons

In verse 1 of Matthew 28 neither of the above two words that mean first were used. The word used was μία mia mee'-ah "only one" or "someone" so Matthew 28:1 would read (Matthew 28:1 "Now after the Sabbaths, at the dawning into the only one Sabbaths, Mariam of Magdalene and the other Mariam came to look upon the grave.") or it would read, (Matthew 28:1 "Now after the Sabbaths, at the dawning into someone's Sabbaths, Mariam of Magdalene and the other Mariam came to look upon the grave.") I would think it was the "only one" reading. I can almost visualize the people interpreting the KJV puzzled saying, "at the end of the Sabbaths? Well, the next day would be the first day of the week, so, let's change it to that to make better sense for the people reading." Not knowing they are changing a very critical verse.

At the finish of the crucifixion Yahshua (Jesus) made possible the way for His people to enter the Holy rest Elohim (God) spoke of at the finish of creation and commanded to remember in the commandments. The time which the sign of the Sabbath pointed to. The Sabbath day began at the resurrection of the Messiah and continues until His return.

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